

| Position | Bib # | Athlete Name | Gender | Category | Club | Swim | T1 | Cycle | T2 | Run | Gun Time | Time Difference |
|----------|-------|---------------------|--------|----------|------------------------|----------|----------|----------|----------|----------|----------|-----------------|
| 1 | 642 | gemma hayes | F | NOV | East grinstead cc | 00:05:03 | 00:02:09 | 00:26:22 | 00:01:47 | 00:13:08 | 00:48:31 | - |
| 2 | 647 | LAUREN COUPE | F | NOV | NULL | 00:04:06 | 00:02:03 | 00:27:50 | 23:32:45 | 00:42:15 | 00:49:02 | +00:00:31 |
| 3 | 598 | GRACE DONOVAN | F | NOV | NULL | 00:04:51 | 00:03:12 | 00:28:07 | 00:01:05 | 00:12:44 | 00:50:01 | +00:01:30 |
| 4 | 635 | JANE ROBERTS | F | NOV | No | 00:05:02 | 00:02:07 | 00:28:10 | 00:01:03 | 00:14:01 | 00:50:26 | +00:01:55 |
| 5 | 645 | RACHEL DOWLING | F | NOV | NULL | 00:05:47 | 00:01:56 | 00:28:55 | 00:00:58 | 00:12:49 | 00:50:28 | +00:01:57 |
| 6 | 643 | CLAIRE MOORE | F | NOV | NULL | 00:04:19 | 00:03:20 | 00:28:33 | 00:01:18 | 00:13:03 | 00:50:36 | +00:02:05 |
| 7 | 636 | sally holford | F | NOV | NULL | 00:04:58 | 00:02:41 | 00:28:28 | 00:01:03 | 00:13:51 | 00:51:04 | +00:02:33 |
| 8 | 616 | VICTORIA SWANSTON | F | NOV | NULL | 00:06:32 | 00:02:57 | 00:27:55 | 00:00:57 | 00:12:49 | 00:51:13 | +00:02:42 |
| 9 | 619 | SARAH PASK | F | NOV | NULL | | 00:08:01 | 00:29:20 | 00:01:43 | 00:12:32 | 00:51:37 | +00:03:06 |
| 10 | 627 | Nicola Heath | F | NOV | NULL | 00:06:05 | 00:03:18 | 00:27:20 | 00:01:34 | 00:13:21 | 00:51:42 | +00:03:11 |
| 11 | 649 | LYDIA SHAW | F | NOV | NULL | 00:04:53 | 00:02:36 | 00:29:47 | 00:01:18 | 00:13:30 | 00:52:08 | +00:03:37 |
| 12 | 563 | JO CAWTHORNE | F | NOV | NULL | 00:05:09 | 00:03:05 | 00:29:44 | 00:01:29 | 00:12:49 | 00:52:18 | +00:03:47 |
| 13 | 557 | MARIJKE VAN WELIE | F | NOV | NULL | | 00:10:09 | 00:28:14 | 00:01:37 | 00:12:19 | 00:52:22 | +00:03:51 |
| 14 | 639 | SIAN MOORE | F | NOV | NULL | 00:05:42 | 00:02:36 | 00:28:53 | 00:01:18 | 00:13:58 | 00:52:29 | +00:03:58 |
| 15 | 606 | KATE SMISSEN | F | NOV | NULL | 00:05:14 | 00:02:06 | 00:29:44 | 00:00:59 | 00:14:28 | 00:52:34 | +00:04:03 |
| 16 | 641 | KAREN WINDER | F | NOV | Ashtead Ladies CC | 00:05:09 | 00:03:04 | 00:30:01 | 00:01:07 | 00:13:16 | 00:52:39 | +00:04:08 |
| 17 | 622 | Jane Dotzek | F | NOV | NULL | 00:06:08 | 00:02:46 | 00:30:12 | 00:01:06 | 00:12:24 | 00:52:40 | +00:04:09 |
| 18 | 624 | JANE WINDER | F | NOV | NULL | 00:07:25 | 00:02:58 | 00:29:25 | 00:01:00 | 00:12:07 | 00:52:58 | +00:04:27 |
| 19 | 591 | HELEN WHITELEY | F | NOV | NULL | 00:06:14 | 00:04:18 | 00:25:02 | 00:02:31 | 00:14:59 | 00:53:07 | +00:04:36 |
| 20 | 634 | ALISON DAVIES | F | NOV | NULL | 00:05:47 | 00:03:29 | 00:29:26 | 00:01:22 | 00:13:25 | 00:53:32 | +00:05:01 |
| 21 | 564 | SARAH RECORD | F | NOV | NULL | 00:04:37 | 00:02:52 | 00:31:24 | 00:01:12 | 00:13:27 | 00:53:34 | +00:05:03 |
| 22 | 628 | LUCY PARSONS | F | NOV | NULL | 00:05:28 | 00:02:40 | 00:29:01 | 00:02:00 | 00:14:35 | 00:53:47 | +00:05:16 |
| 23 | 552 | JADE LAWSON | F | NOV | NULL | 00:07:19 | 00:02:43 | 00:28:38 | 00:01:34 | 00:14:06 | 00:54:23 | +00:05:52 |
| 24 | 650 | Charlotte Mannings | F | NOV | TriSpiritTeam | 00:04:32 | 00:01:55 | 00:32:07 | 00:00:58 | 00:14:55 | 00:54:30 | +00:05:59 |
| 25 | 632 | GEORGINA SCUTT | F | NOV | NULL | 00:06:02 | 00:02:40 | 00:30:21 | 00:01:27 | 00:14:06 | 00:54:39 | +00:06:08 |
| 26 | 605 | KERRI FEENEY | F | NOV | NULL | 00:05:32 | 00:02:22 | 00:30:44 | 00:01:15 | 00:14:49 | 00:54:45 | +00:06:14 |
| 27 | 648 | JANE MILLAR | F | NOV | Virgin Active Brighton | | 00:09:36 | 00:28:16 | 00:02:34 | 00:14:37 | 00:55:05 | +00:06:34 |
| 28 | 600 | SARAH LLOYD | F | NOV | NULL | 00:05:25 | 00:02:22 | 00:32:43 | 00:00:59 | 00:13:39 | 00:55:10 | +00:06:39 |
| 29 | 576 | GEMMA WHITEHOUSE | F | NOV | WAVERLEY HARRIERS | | 00:09:56 | 00:32:14 | 00:01:19 | 00:12:15 | 00:55:45 | +00:07:14 |
| 30 | 578 | AMANDA WHITELEY | F | NOV | NULL | 00:06:11 | 00:05:13 | 00:25:37 | 00:01:59 | 00:16:42 | 00:55:46 | +00:07:15 |
| 31 | 631 | DONELLA MORRISON | F | NOV | Female | 00:05:36 | 00:04:15 | 00:31:00 | 00:01:31 | 00:13:27 | 00:55:53 | +00:07:22 |
| 32 | 584 | Ishbel Rutherford | F | NOV | NULL | 00:07:38 | 00:04:00 | 00:30:04 | 00:01:30 | 00:13:03 | 00:56:16 | +00:07:45 |
| 33 | 594 | UNA MAC GIOLLA RI | F | NOV | NULL | 00:06:42 | 00:02:57 | 00:31:17 | 00:01:07 | 00:14:20 | 00:56:25 | +00:07:54 |
| 34 | 575 | MAEBH MAC GIOLLA RI | F | NOV | NULL | 00:06:19 | 00:02:31 | 00:32:02 | 00:01:00 | 00:14:53 | 00:56:48 | +00:08:17 |
| 35 | 599 | SALLY DAVIS | F | NOV | South London Harriers | | 00:09:43 | 00:33:16 | 00:01:11 | 00:12:49 | 00:57:01 | +00:08:30 |

| Position | Bib # | Athlete Name | Gender | Category | Club | Swim | T1 | Cycle | T2 | Run | Gun Time | Time Difference |
|----------|-------|---------------------|--------|----------|------------------------|----------|----------|----------|----------|----------|----------|-----------------|
| 36 | 615 | ZOE JENKINS | F | NOV | SLH Tri Club | 00:05:23 | 00:02:55 | 00:31:46 | 00:01:20 | 00:15:54 | 00:57:20 | +00:08:49 |
| 37 | 585 | SARAH WINN | F | NOV | NULL | 00:06:33 | 00:03:21 | 00:31:25 | 00:01:28 | 00:14:33 | 00:57:23 | +00:08:52 |
| 38 | 587 | KIM CHECKSFIELD | F | NOV | NULL | 00:06:23 | 00:02:55 | 00:32:41 | 00:01:41 | 00:14:50 | 00:58:32 | +00:10:01 |
| 39 | 596 | KATE HAMMOND | F | NOV | NULL | | 00:08:48 | 00:33:20 | 00:01:43 | 00:15:10 | 00:59:02 | +00:10:31 |
| 40 | 625 | SARAH NUNN | F | NOV | NULL | | 00:08:00 | 00:32:16 | 00:01:12 | 00:17:32 | 00:59:02 | +00:10:31 |
| 41 | 618 | ANNA KWIATKOWSKA | F | NOV | Kingfisher Triathletes | 00:06:03 | 00:03:53 | 00:31:46 | 00:03:17 | 00:14:18 | 00:59:20 | +00:10:49 |
| 42 | 626 | MARIE SEIVEWRIGHT | F | NOV | run to live rc | 00:06:03 | 00:03:23 | 00:31:44 | 00:01:17 | 00:16:54 | 00:59:25 | +00:10:54 |
| 43 | 646 | LIZ JUGGINS | F | NOV | NULL | | 00:07:05 | 00:35:03 | 00:01:12 | 00:16:11 | 00:59:33 | +00:11:02 |
| 44 | 572 | SUSAN TAYLOR | F | NOV | NULL | 00:07:32 | 00:03:09 | 00:34:36 | 00:01:15 | 00:13:11 | 00:59:46 | +00:11:15 |
| 45 | 638 | Judy Pel | F | NOV | NULL | 00:06:50 | 00:03:26 | 00:30:49 | 00:01:24 | 00:17:30 | 01:00:01 | +00:11:30 |
| 46 | 560 | JOCELYN DODGSON | F | NOV | NULL | 00:07:05 | 00:04:00 | 00:32:35 | 00:01:15 | 00:15:20 | 01:00:17 | +00:11:46 |
| 47 | 590 | GAIL PEEL | F | NOV | NULL | 00:08:50 | 00:02:23 | 00:31:13 | 00:01:17 | 00:17:13 | 01:00:59 | +00:12:28 |
| 48 | 595 | ANGIE ANSTEAD | F | NOV | n/a | 00:07:30 | 00:03:05 | 00:33:05 | 00:01:42 | 00:15:35 | 01:01:00 | +00:12:29 |
| 49 | 559 | HELEN NEWMAN | F | NOV | NULL | 00:11:40 | 00:03:29 | 00:29:27 | 00:01:37 | 00:14:54 | 01:01:09 | +00:12:38 |
| 50 | 593 | HELEN POPPITT-JONES | F | NOV | NULL | 00:06:14 | 00:03:33 | 00:33:41 | 00:01:41 | 00:16:06 | 01:01:18 | +00:12:47 |
| 51 | 586 | LAURIE WITHAM | F | NOV | NULL | 00:07:01 | 00:03:22 | 00:33:10 | 00:01:24 | 00:16:23 | 01:01:23 | +00:12:52 |
| 52 | 630 | RONATA HENDER | F | NOV | NULL | 00:05:39 | 00:03:07 | 00:34:56 | 00:01:30 | 00:16:10 | 01:01:24 | +00:12:53 |
| 53 | 620 | ZOE DANIELS | F | NOV | NULL | 00:06:16 | 00:03:20 | 00:34:49 | 00:01:53 | 00:15:33 | 01:01:54 | +00:13:23 |
| 54 | 567 | Alison Verlander | F | NOV | NULL | 00:05:17 | 00:02:53 | 00:33:39 | 00:01:52 | 00:18:11 | 01:01:55 | +00:13:24 |
| 55 | 609 | NANCI CRUMPTON | F | NOV | NULL | 00:06:48 | 00:02:54 | 00:34:11 | 00:01:14 | 00:16:52 | 01:02:03 | +00:13:32 |
| 56 | 637 | LAURA HAYES | F | NOV | NULL | 00:05:44 | 00:03:09 | 00:33:30 | 00:02:12 | 00:17:32 | 01:02:11 | +00:13:40 |
| 57 | 558 | JANET SHARPLES | F | NOV | NULL | 00:09:01 | 00:03:44 | 00:34:35 | 00:01:23 | 00:13:45 | 01:02:31 | +00:14:00 |
| 58 | 577 | STEPHANIE SHEA | F | NOV | NULL | | 00:11:09 | 00:33:48 | 00:02:16 | 00:15:46 | 01:03:01 | +00:14:30 |
| 59 | 608 | KAREN BRADLEY | F | NOV | Crawley TriClub | 00:07:00 | 00:03:10 | 00:33:58 | 00:01:30 | 00:17:50 | 01:03:31 | +00:15:00 |
| 60 | 583 | Susan Maynard | F | NOV | NULL | 00:07:28 | 00:03:43 | 00:36:18 | 00:01:14 | 00:14:51 | 01:03:37 | +00:15:06 |
| 61 | 566 | SIMONE HAYWARD | F | NOV | NULL | 00:07:14 | 00:04:05 | 00:36:24 | 00:01:21 | 00:14:40 | 01:03:46 | +00:15:15 |
| 62 | 588 | PAULINE GRANT | F | NOV | n/a | 00:08:41 | 00:03:35 | 00:34:33 | 00:01:27 | 00:15:42 | 01:04:01 | +00:15:30 |
| 63 | 561 | ELAINE LIU-PRESTON | F | NOV | Reigate Priory AC | 00:08:52 | 00:03:44 | 00:34:05 | 00:01:14 | 00:16:12 | 01:04:09 | +00:15:38 |
| 64 | 617 | BRIDGET HOLLIS | F | NOV | NULL | 00:07:12 | 00:03:46 | 00:34:07 | 00:01:22 | 00:17:41 | 01:04:11 | +00:15:40 |
| 65 | 633 | LISA DIXON | F | NOV | NULL | 00:05:21 | 00:02:58 | 00:37:21 | 00:01:30 | 00:17:29 | 01:04:42 | +00:16:11 |
| 66 | 582 | DEBORAH PIM | F | NOV | NULL | 00:07:29 | 00:04:00 | 00:37:20 | 00:01:35 | 00:14:44 | 01:05:10 | +00:16:39 |
| 67 | 629 | BARBARA WASHINGTON | F | NOV | NULL | 00:06:15 | 00:03:44 | 00:34:24 | 00:02:50 | 00:18:45 | 01:06:01 | +00:17:30 |
| 68 | 603 | EVE DAW | F | NOV | NULL | 00:07:24 | 00:03:06 | 00:39:18 | 00:02:40 | 00:14:09 | 01:06:40 | +00:18:09 |
| 69 | 614 | AUDREY OVENDEN | F | NOV | NULL | 00:07:19 | 00:04:28 | 00:37:33 | 00:01:35 | 00:17:29 | 01:08:26 | +00:19:55 |
| 70 | 592 | BERNIE RAMSAY | F | NOV | NULL | 00:12:47 | 00:01:54 | 00:37:18 | 00:01:33 | 00:15:21 | 01:08:57 | +00:20:26 |

| Position | Bib # | Athlete Name | Gender | Category | Club | Swim | T1 | Cycle | T2 | Run | Gun Time | Time Difference |
|----------|-------|----------------|--------|----------|------|----------|----------|----------|----------|----------|----------|-----------------|
| 71 | 568 | AILISH BURKE | F | NOV | NULL | 00:08:26 | 00:03:09 | 00:40:03 | 00:01:05 | 00:16:35 | 01:09:20 | +00:20:49 |
| 72 | 579 | HELEN LAWRENCE | F | NOV | NULL | 00:07:35 | 00:04:16 | 00:40:41 | 00:02:09 | 00:19:06 | 01:13:50 | +00:25:19 |
| 73 | 554 | CLARE BAYNHAM | F | NOV | NULL | 00:07:21 | 00:04:14 | 00:41:27 | 00:01:37 | 00:19:16 | 01:13:58 | +00:25:27 |
| 74 | 607 | KAY STEPHAN | F | NOV | NULL | | 00:14:14 | 00:38:58 | 00:02:12 | 00:18:51 | 01:14:17 | +00:25:46 |